



*at Fort Mac Arthur*

# *Conference Package Options*

# *Cold Conference Package Options*

*\$37.95 per person plus tax & service*

## *Continental Breakfast*

*Chilled Orange Juice*

*Fresh Whole Fruit*

*Assorted Freshly Baked Muffins & Danish*

*Served with Butter & Preserves*

*Assorted Bagels accompanied by Cream Cheese*

*Freshly Brewed Coffee & Hot Tea with Condiments*

*Yogurt and Granola Available for an additional \$1.50 per person*

### *Lunch Option 1:*

*Fresh Rolls filled with Roast Beef, Lean Ham  
Turkey Breast and Cheese*

### *Lunch Option 2: Assorted Bistro Sandwiches*

*Flakey Croissants filled with Choice of Cashew  
Chicken, Albacore Tuna Salad or Turkey Breast*

### *Lunch Option 3: Ciabatta Char Grilled Chicken*

*Plump Chicken breast served on rustic ciabatta  
bread, with Swiss cheese, leaf lettuce, tomatoes,  
red onions, pickles and creamy chipotle Mayo*

### *Lunch Option 4: Blackened Chicken Breast*

*on Rustic Ciabatta Bread  
with Roumalade Sauce and Watercress*

### *Lunch Option 5: Grilled Sirloin & Brie*

*Grilled Sirloin served on fresh ciabatta bread  
With Brie, leaf lettuce, red peppers,  
Watercress and Bistro Sauce*

### *Lunch Option 6: Peppercorn Encrusted Roast Beef*

*Thinly sliced peppercorn Roast Beef with leaf  
lettuce and a creamy Dijon horseradish*

### *Lunch Option 7: Black Forest Ham Panini*

*Black Forest Ham piled high on grilled Foccacia  
With Provolone cheese, grilled Peppers, Baby  
Greens and a creamy Dijon aioli*

### *Lunch Option 8: Oriental Wrap*

*Teriyaki Marinated Chicken breast with sticky  
rice, sesame seeds, green onions, cucumber,  
watercress and cilantro drizzled with Teriyaki*

*Above Options include Fresh Fruit and Choice of Two Salads:*

*~~~ Cous Cous Salad ~~~ Tomato Cucumber Salad with Basil ~~~*

*~~~ Red Skin Potato Salad ~~~ Pasta Salad ~~~ Greek Salad ~~~*

*~~~ Angel Hair Pasta Salad ~~~ Grilled Vegetable Salad*

*Lunch Option 9: Chicken Caesar Salad  
Grilled Chicken Breast on Crisp Romaine  
Lettuce with homemade croutons, capers &  
Parmesan cheese*

*Lunch Option 10: Chinese Chicken Salad  
Sliced Chicken Breast, napa cabbage, bok choy  
red bell peppers, bean sprouts, snow peas, water  
chestnuts, bamboo shoots, shredded carrots, crunchy  
noodles, scallions with a spicy peanut dressing*

*Lunch Option 11: Greek Sirloin Salad  
Mediterranean grilled sirloin skewers over  
a bed of mixed greens, with red onions,  
cucumbers, tomatoes, kalamata olives,  
pepperocinis and topped with feta cheese  
served with Greek Feta cheese dressing*

*Lunch Option 12: Chopped Cobb Salad  
A bed of chopped lettuce loaded with sliced smoked  
turkey, chopped bacon, julienne cheddar, crumbled  
bleu cheese, sliced red onions, chopped hard boiled  
egg and sliced avocado served with Bleu cheese  
vinaigrette*

*Above Options include Fresh Fruit Platter and Choice of:  
~~Turkey Wraps~~ Pacific Rim Wraps~~ or Veggie Wraps~~*

*All lunch options include:*

*Morning Break*

*Replenishment of Breakfast Breads and Coffee*

*With Lunch:*

*Tray of Assorted Cookies and Dessert Bars  
Assorted Soft Drinks and Bottled Water*

*Afternoon Break:*

*Nature Break*

*Trail Mix*

*Vegetable Crudites with Ranch Dressing  
Assorted Sodas and Bottled Water*

*OR*

*Energy Break*

*Trail Mix*

*Assorted Hard and Soft Cheeses served with crackers  
Assorted Sodas and Bottled Water*

# *Hot Conference Package Options*

*\$39.95 per person plus tax & service*

## *Hot Breakfast Option 1- Power Breakfast*

*Chilled Orange Juice*

*Fresh Whole Fruit*

*Scrambled Eggs topped with Cheese & Fresh Herbs*

*Choice of Bacon, Sausage, or Ham*

*Oven Roasted Breakfast Potatoes with Sweet Peppers*

*Assorted Freshly Baked Muffins & Danish*

*Served with Butter & Preserves*

*Freshly Brewed Coffee and Hot Tea with Condiments*

## *Hot Breakfast Option 2- Club Breakfast*

*Large Flaky Croissants with choice of fillings:*

*Country Fresh Ham, Eggs & Cheese or Broccoli, Mushrooms, & Cheese*

*Oven Roasted Breakfast Potatoes with Sweet Peppers*

*Assorted Freshly Baked Muffins & Danish*

*Served with Butter & Preserves*

*Freshly Brewed Coffee and Hot Tea with Condiments*

## *Hot Lunch Option 1- Chicken Pasta Dijon*

*Grilled Chicken Breast and Penne Pasta with Honey Dijon Sauce topped with Fresh Mushrooms*

*Maple Glazed Carrots with Pistachios*

*Caesar Salad*

*Freshly Baked Focaccia Bread*

## *Hot Lunch Option 2- Chipotle Chicken*

*Southwest Grilled Chicken Breast with a Chunky Chipotle Salsa & Fresh Cilantro*

*Spanish Wild Rice Pilaf*

*Black Beans with Corn*

*Rosaura Salad with Toasted Sesame Seeds and a Tarragon Vinaigrette Dressing*

*Freshly Baked Rolls & Butter*

## *Hot Lunch Option 3- Chicken Enchiladas*

*Homemade Corn Tortillas stuffed with three Cheeses, Onions, Olives & topped with Red Enchilada Sauce, Cheese & Sour Cream*

*Spanish Rice with Carrots & Peas*

*Charro Beans*

*Sliced Fruit Platter*

### *Hot Lunch Option 4- Tuscano Meat Lasagna*

*Lasagna baked with Fresh Herbs, Sweet Basil, Parmesan & Ricotta Cheeses in a Rich Marinara Sauce*

*Sautéed Fresh Vegetables with Fresh Basil*

*Caesar Salad*

*Focaccia Breadsticks*

*Sliced Fresh Fruit Tray*

### *Hot Lunch Option 5- Cal/ Mex Fajitas*

*Sizzling Strips of Steak or Chicken Breast marinated & grilled with Sweet Red, Yellow & Green Peppers, Onions, Tomatoes & Fresh Cilantro, Flour Tortillas*

*Sour Cream and Chunky Salsa*

*Saffron Wild Rice*

*Black Beans with Corn*

*Fresh Watermelon Slices*

### *Hot Lunch Option 6- Yankee Pot Roast*

*Tender Roast Beef baked in our slow cooker with Potatoes, Carrots & Celery in a Rich Tomato Broth*

*Mashed Potatoes with Roasted Garlic*

*Garden Salad with Red Wine Vinaigrette*

*Freshly Baked Sourdough Rolls with Butter*

## *All lunch options include:*

### *Morning Break*

*Replenishment of Breakfast Breads and Coffee*

### *With Lunch:*

*Tray of Assorted Cookies and Dessert Bars*

*Assorted Soft Drinks and Bottled Water*

### *Afternoon Break:*

#### *Nature Break*

*Trail Mix*

*Vegetable Crudites with Ranch Dressing*

*Assorted Sodas and Bottled Water*

*OR*

#### *Energy Break*

*Trail Mix*

*Assorted Hard and Soft Cheeses served with crackers*

*Assorted Sodas and Bottled Water*